

### Coronavirus Information for the Public

From 26<sup>th</sup> February the advice for **returning travellers** returning to the UK has been as follows:

1) If you have returned from the following areas since **February 19**, call NHS 111 to inform them of your recent travel, stay indoors and avoid contact with other people **even if you do not have symptoms**:

• Daegu or Cheongdo (Republic of Korea)	• Hubei province, China (returned in the past 14 days)
• Specific lockdown areas in Northern Italy as designated by the Government of Italy - <i>Bertonico • Casalpusterlengo • Castelgerundo • Castiglione D'Adda • Codogno • Fombio • Maleo • San Fiorano • Somaglia • Terranova dei Passerini</i>	
• Iran	

2) If you have returned from the following areas since **February 19th** and develop symptoms, however mild, you should stay indoors at home and avoid contact with other people immediately and call NHS111. **You do not need to follow this advice if you have no symptoms.**

• Northern Italy	• Vietnam	• Cambodia	• Laos	• Myanmar
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3) If you have returned to the UK from any of the following areas **in the last 14 days** and develop symptoms of cough or fever or shortness of breath, you should immediately stay indoors and avoid contact with other people, call NHS 111 to inform them of your recent travel to the country.

• Thailand	• Japan	• Hong Kong	• Taiwan	• Singapore
• Malaysia	• Macau	• Republic of Korea	• Other parts of China outside Hubei province	

### Remember the Catch It, Bin It, Kill It messages:

- **Always** carry tissues with you and use them to catch your cough or sneeze.
- **Then** bin the tissue, and wash your hands, or use a sanitiser gel.
- **Wash** your hands often with soap and water, especially after using public transport.
- **Use** a sanitiser gel if soap and water are not available.
- **Avoid** touching your eyes, nose and mouth with unwashed hands.
- **Avoid** close contact with people who are unwell.

You can find the latest information and advice from Public Health England at [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus).

For more information please visit the Q&A below:

<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>