

A new service has been launched to support people who are experiencing and suffering from bereavement and loss.

The offer is open to any Shropshire resident who has been bereaved by either a recent death or previous loss.

The Bereavement Support Service is operated by Shropshire Council and community voluntary partners Samaritans, CRUSE, Severn Hospice and Crane Quality Counselling. The service can be accessed through self-referral by calling **0345 678 9028**.

The Bereavement Support Service is accompanied by the launch of a ***Grief and bereavement during COVID19*** booklet which provides a compassionate overview of coping with loss, feelings that may be experienced, supporting others who are grieving and links to help and information.

A secondary booklet provides a practical guide for the process following a death and what has changed due to the pandemic.

Digital versions of these resources are available from the Shropshire Council website bereavement page at: <https://www.shropshire.gov.uk/bereavement-services/support-and-resources-for-those-recently-bereaved/>

Bereavement and grief during the COVID-19 pandemic

Supporting yourself and others

