

## **THIS IS UPDATED INFORMATION ABOUT LOCAL COVID-19 TESTING FROM SHROPSHIRE COUNCIL/PUBLIC HEALTH.**

Shropshire is at critical point in the battle against COVID-19. On Monday 19th October, Public Health England put Shropshire's case rate at 90.4 per 100,000.

People with [symptoms of coronavirus](#) - no matter how mild - should book a Covid-19 test as soon as possible. Testing is available for anyone who has symptoms of COVID-19, such as a high temperature, a new continuous cough, or a loss of or change in sense of taste or smell. People who are unsure if their symptoms are COVID-19 can visit <https://111.nhs.uk/covid-19/> or call 111 where advice will be given.

### **Testing is available at the following sites:**

<b>Venue</b>	<b>Date</b>
London Road Car Park, Shrewsbury, SY2 6ND	22 <sup>nd</sup> October – 27 <sup>th</sup> October
Beatrice Street, Morrisons Oswestry, SY11 2HT	22 <sup>nd</sup> October – 27 <sup>th</sup> October
London Road Car Park, Shrewsbury, SY2 6ND	28 <sup>th</sup> October – 4 <sup>th</sup> November
Highways Depot, Craven Arms, SY7 8NR	28 <sup>th</sup> October – 4 <sup>th</sup> November

### **How to book a test**

- To book a test visit: [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) If you have other problems using the online service, call 119.
- You can also book a test through the NHS COVID – 19 app. For further information please click [here](#).

### **When to get a test**

- If you have symptoms, get a test as soon as possible. You need to get the test done within the first five days of showing symptoms.
- Book a visit to a test site to have the test today. Or order a home test kit if you can't get to a test site.
- On days one to four of your symptoms, you can get tested at a site or at home.
- If you're ordering a home test kit on day four, do it by 3pm. On day five, you need to go to a test site. It's too late to order a home test kit.

### **Stay at home if you have symptoms**

- You must stay at home (self-isolate) if you have symptoms. Do not have visitors until you get your test result – only leave your home to have a test.
- Anyone in your support bubble must also stay at home. A support bubble is where someone who lives alone (or just with their children) can meet people from one other household.
- Getting a test is important. If you have symptoms and do not get tested, you will still need to self-isolate for at least 10 days, and your household or bubble for 14 days. Please see <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

### **What the test involves**

- This test involves taking a swab of the inside of your nose and the back of your throat, using a long cotton bud.
- It checks if you have the virus now.
- You can do the swab yourself (if you are aged 12 or over) or someone can do it for you.

- Parents or guardians have to swab test children aged 11 or under.

### **Getting a test for someone else**

- If other people you live with have symptoms, you can order tests for up to three of them.
- If you're applying for a test for someone else, and the person is aged 13 or over, check they're happy for you to get a test for them.

### **Getting your test result**

- While you are waiting for your test results you must self-isolate.
- You'll get a text or email with your result when it's ready.
- If you use the NHS Covid-19 app, you may also get your result in the app.
- Most people get their test results the day after taking the test. Some results might take longer, but you should get them in 72 hours.